

Board Pairings 2024 (December - May) Suggested topic - "What is mental wellbeing to you?"

Questions/prompts:

How do you approach mental wellbeing in your life?

What does a healthy community look like to you?

What is Arbor Circle's role in advancing mental wellbeing and healthy communities?

December, 2023

Mark Nettleton	Sue Mason
Judy Freeman	Brett Karhoff
Kelley Root	Regina Hill
Patricia Farrell-Cole	Gwen Thomas
Pujita Sieplinga	Carlos Pava
Donta Truss	Sonya Hughes
Elliot Talen	Mandice McAllister

March, 2024

Mark Nettleton	Kelley Root
Judy Freeman	Sue Mason
Patricia Farrell-Cole	Pujita Sieplinga
Donta Truss	Gwen Thomas
Elliot Talen	Sonya Hughes
Brett Karhoff	Carlos Pava
Regina Hill	Mandice McAllister

January, 2024

Mark Nettleton	Sonya Hughes
Judy Freeman	Carlos Pava
Kelley Root	Brett Karhoff
Patricia Farrell-Cole	Elliot Talen
Gwen Thomas	Mandice McAllister
Regina Hill	Sue Mason
Pujita Sieplinga	Donta Truss

April, 2024

Mark Nettleton	Judy Freeman
Kelley Root	Carlos Pava
Patricia Farrell-Cole	Donta Truss
Sue Mason	Mandice McAllister
Regina Hill	Elliot Talen
Gwen Thomas	Sonya Hughes
Pujita Sieplinga	Brett Karhoff

February, 2024

Mark Nettleton	Mandice McAllister
Judy Freeman	Sonya Hughes
Kelley Root	Sue Mason
Patricia Farrell-Cole	Carlos Pava
Pujita Sieplinga	Gwen Thomas
Elliot Talen	Donta Truss
Regina Hill	Brett Karhoff

May, 2024

Mark Nettleton	Regina Hill
Judy Freeman	Patricia Farrell-Cole
Sue Mason	Brett Karhoff
Pujita Sieplinga	Sonya Hughes
Elliot Talen	Gwen Thomas
Mandice McAllister	Kelley Root
Donta Truss	Carlos Pava