



Raise Your Voice High School Pre Training Survey

School: _____ Date: _____ Grade: _____

Instructions:

Please take a few minutes to answer this survey by filling in the circle that best fits your opinion. Please answer honestly. Remember: Just fill in the circle that best fits what you think about the statement.

How strongly do you agree or disagree with the following statements?

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1. Effective communication is very important. There are two ways to communicate: "What do I say?" and "How do I say it?"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I know how to be assertive when I am in an uncomfortable situation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I feel comfortable saying NO to peer pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I know that I am a youth who has a voice and a choice. It is MY decision whether or not to use alcohol, tobacco, or other drugs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I understand that it is important to practice saying no with my peers, parents, or other trusted adults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>